



The SPA



## The SPA

The SPA at Palazzo Versace Macau, encompasses seven sublime Versace-designed treatment suites and Thermal Suites with unique Tresor de la Mer mosaics, offers an exclusive Italian spa product line, designed to treat your inner and outer wellness needs.

A holistic, integrative approach to skin care, formulated exclusively for Palazzo Versace Macau. Our goal is to encourage people to celebrate their uniqueness, putting genuine wellness before abstract ideas of beauty, and to prioritize their health. Herbal infusions and superfoods support the body's inner well-being allowing beauty to truly shine on the outside.

Based on the renowned Mediterranean Diet, which is the foundation of the integrative approach to skin care. Products made from 100% organic raw materials, grown in the protected Pollino National Park in southern Italy, an UNESCO World Heritage site.

## **FOR THE FACE**

### ***Pro-aging***

90 Minutes

#### ***Mediterranean Pro-Ageing Ritual***

REGENERATING, LIFTING, FIRMING

This intensive reconditioning treatment is ideal for mature, dehydrated, devitalized skin. Ultra-hydrating, lipid-replenishing, protective and restorative, this facial treatment visibly repairs, restructures and restores the epidermis, while delivering essential nutrients and vitamins to accelerate the skin's natural repair functions. Lifting and drainage massage techniques firm, tone, and brighten skin and boost the repair of damaged skin. The result is face, neck and décolleté that are plumped, toned, smooth, and radiant.

### ***Moisturizing***

75 Minutes

#### ***Mediterranean Hydrating Ritual***

PLUMPING, HYDRATING, SMOOTHING

This treatment heals and hydrates the skin while stimulating and rejuvenating skin cells. Exfoliation smooths skin in order to remove barriers that prevent proper absorption of active ingredients and nutrients. It stimulates the deeper layers of cells and tissue in order to boost collagen, elastin, cell generation, and water levels, while encouraging blood flow to the skin. The treatment reduces the appearance of fine lines and wrinkles, evens out skin tone, smooths and plumps the skin, and restores a healthy glow.

### ***Brightening***

75 Minutes

#### ***Mediterranean Polishing Ritual***

RESURFACING, UNIFORMING, BRIGHTENING

This brightening treatment is designed for skin that is suffering from surface imperfections. Targeting hyper-pigmentation, acne scars, dark spots and discoloration caused by sun damage. It evens out skin's complexion using powerful antioxidants such as Vitamin C and boosting cell-turnover. The treatment involves a combination of masks, enzyme peels, and acid treatments to remove the build-up of dead skin cells. The result is radiant and glowing skin.

## ***Purifying***

75 Minutes

### ***Mediterranean Purifying Ritual***

DECONGESTING, CLARIFYING, HEALING

A treatment that first detoxes and purifies the skin, and then balances, nourishes and heals it. This decongesting treatment deeply cleanses dull, clogged skin, removing impurities, oils and toxins that have become embedded within pores due to excess sebum, sweat, and exposure to polluted environments. After this treatment, bumpy, rough, dull skin is clarified, smoothed and polished, revealing an even texture and a healthy, bright tone.

## ***Eye-contour***

30 Minutes

### ***Mediterranean Eye Contour Refreshing Ritual***

DEPUFFING, SMOOTHING, BRIGHTENING

This innovative treatment targets the delicate and fragile eye contour in order to decongest, hydrate, smooth, and brighten. It combines the stimulation of energy points and a gentle draining massage created specifically for this delicate area, with the application of our R4 serum rich in Hyaluronic Acid and active ingredients from Mediterranean plants. It eliminates puffiness, dark circles, under-eye bags, wrinkles and fine lines, and the result is bright, regenerated eyes.

## **FOR THE BODY**

*Formulated exclusively for Palazzo Versace Macau*

### ***Hammam with relaxing massage + essential oils treatment***

60 / 90 Minutes

#### ***Mediterranean Hammam Ritual***

PURIFYING, REGENERATING, REINVIGORATING

A revisited "Italian" version of the classic Turkish Hammam. Savonage is replaced with Mediterranean black soap and, instead of using a Kessa, Mediterranean Sea salt and crushed olive seeds exfoliate skin. An exclusive elixir formulated with organic Mediterranean herbs and plants smooths and nourishes skin.

### ***Sculpting / Toning with sculpting massage***

90 Minutes

#### ***Mediterranean Sculpting Rituals***

SLIMMING, REDEFINING, FIRMING

Targeted sculpting treatments to restore skin firmness, elasticity and redefine the body contour. These rituals address cellulite and water-retention, leaving skin toned and supple. Sea salt scrubs enriched with Mediterranean medicinal plant essential oils perform full-body exfoliation that is both nourishing and renewing, and prepares the skin for further treatment. A neck, shoulder, and body massage increases micro-circulation, drains swollen or bloated lymph nodes, boosts blood flow and flushes out the fluids that make cellulite more noticeable.

### ***Mediterranean Toning Ritual***

60 minutes

FIRMING, ELASTICIZING

A powerful blend of massage and detoxifying products targeted to tighten skin and restore firmness and elasticity. It fights skin sagging and loss of tissue density, thanks to the application of products containing active principles that stimulate the formation of new elastic fibers, helping to prevent skin aging.

## ***Mediterranean Glowing Ritual***

60 Minutes

ILLUMINATING, NOURISHING

This treatment will give your whole body a healthy glow and leave your skin feeling silky, smooth and rejuvenated. After a Mediterranean olive oil scrub enriched with a signature blend of herbal extracts from Southern Italy, the body is enveloped in a reinvigorating and detoxifying Juniper & Rosemary mud pack, then wrapped with cellophane to soften, smooth, and brighten the skin. While the mud pack is working, a stimulating face massage, focusing on the energy points of the face, reactivates blood circulation and improves oxygen flow to the tissues. Our signature Mediterranean essence cream, massaged into the skin, leaves skin silky smooth and radiant.

## ***Mediterranean Rapid Restore Ritual***

30 Minutes

HYDRATING, RELAXING

The ultimate combination of a relaxing massage and skin-reviving exfoliation, this hydrating, relaxing, and revitalizing body treatment works quickly to restore harmony both physically and mentally. An invigorating scrub polishes rough, dry skin and leaves it smooth and glowing, then a medicinal Mediterranean body cream softens skin, seals in moisture, and leaves you silky smooth. Long-lasting hydration is locked in thanks to a massage with a rich olive oil of basil and thyme extracts.

## ***MASSAGE TREATMENTS***

An integral aspect of a 360° wellness approach, massage is not a mere luxury; it is a vital part of complementary and integrative medicine. Not only do our massages reduce stress, pain and muscle tension, they are designed to bring tranquility, inner harmony and wellbeing. Our offering is comprised of various healing and rejuvenating treatment styles dedicated to revitalizing and uplifting your body, mind, and soul.

### ***Jet Lag Recovery***

60 / 90 Minutes

A complete, full-body massage that releases stress, anxiety, and fatigue. Massage techniques release the muscle fibers from toxins, increase the blood circulation, and bring the body back into a state of wellbeing. The whole body feels unified, balanced, and connected.

### ***Deep Tissue***

60 / 90 Minutes

A technique that focuses on the deeper layers of muscle tissue. Chronic muscle tension is eased by slow pressure on tense, contracted areas. This massage releases stress, eases muscle tension, boosts circulation and improves mobility, as well as muscle and skin tone.

### ***Lymphatic-draining***

60 / 90 Minutes

This massage drains excess fluids and releases toxins from the body, improving the blood supply to the skin. Slow and delicate, specifically designed to counteract edema, swelling, and lymphatic build-up. It leaves the body relaxed, toned, and energized, removing puffiness and dark circles under the eyes helping to ease tension headaches.

### ***Oriental Massage***

90 / 120 Minutes

Traditional Chinese Massage is a holistic approach to health care that aims to provide relief from physical ailments, whilst relaxing and revitalizing the body and mind. Chinese Massage involves deep massage techniques applied over the whole body, stimulating both the circulatory system and the nervous system. It is thought to provide relief from chronic pain and improve the strength and flexibility of various parts of the body. Chinese Massage may also relax and re-energize the mind and is an excellent way of assisting with day to day stress and anxiety.

### ***Oriental Foot Recovery***

60 / 90 Minutes

Foot Massage is the ancient practice of natural healing that uses pressure points on the feet to help promote positive energy change in the body. Through a deep, often painful, and invigorating massage of the reflex points on your feet, to improve blood and energy circulation across the entire body and its immune system.

### ***Upper Body / Lower Body***

60 / 90 Minutes

A partial body massage that focuses either on the upper or lower body, ideal for those who practice sports and wish to address a certain area of the body that is particularly overworked. Targeted movements release accumulated tension, loosen tight muscles, and reduce stiffness, removing blockages within the body and increasing blood circulation.

### ***Head & Face***

45 / 60 Minutes

A profoundly relaxing massage that melts away tension, stress, and anxiety. Targeting the head, face, and neck, using special techniques to ease tension, instilling a deep sense of peace and calm.



## **WELLNESS TREATMENT**

### ***Nourishing Wellness Experience***

Enjoy the new “Nourishing Wellness Experience” and let your entire body and face exude an irresistible radiance, infused with the “wellness powers”! Start your first day by experiencing a rejuvenating Hammam Ritual body treatment, nourishing your skin and relaxing your body and mind. On the next day, leave your face with a healthy glow with the Mediterranean Hydrating Ritual.

Day One – 90-minute Mediterranean Hammam Ritual

Day Two – 75-minute Mediterranean Hydrating Ritual

### ***Detox Sculpting Experience***

The “Detox Sculpting Experience” begins with a journey through the Hamman Mediterranean Sculpting Rituals, restoring your skin firmness and elasticity. Then indulge in the Mediterranean Purifying Ritual to remove impurities from your face.

Day One – 90-minute Mediterranean Sculpting Ritual

Day Two – 75-minute Mediterranean Purifying Ritual



## **HOW TO SPA**

### **Opening Hours**

The Fitness Studio is open 24 hours daily.

The Swimming Pools are open daily, the outdoor Swimming Pool is open seasonally and closed during winter months, from November to April inclusively.

### **Health Conditions**

When making your spa reservation, kindly advise us of any health conditions, food or medical allergies and injuries, or if you are pregnant, as this may affect the selection of spa treatment.

### **Arrival Time**

We invite you to arrive up to 30 minutes prior to your appointment time, to browse our retail space, change into a luxurious bathrobe, relax and enjoy the breathtaking facilities at The SPA. Please complete the spa consultation card and notify us of any existing medical conditions, for us to make the most appropriate recommendations.

For comfort and ease of treatment journey, we recommend that hotel guests arrive at the spa wearing the robe and slippers provided in the room, and advise that all valuables are left in the safe in the guest room.

### **Spa Treatments**

To fully enjoy the facilities, a minimum treatment time of 60 minutes is required for non-hotel guests, and guaranteed with a credit card.

Gentlemen are advised to shave prior to all facial treatments to ensure that optimum results are achieved.

### **Thermal Suites And Hammam**

The SPA at Palazzo Versace Macau, has breathtaking Versace designed facilities which are separate for male and female guests, and feature the following experiences:

- Crystal steam room
- Sauna
- Shower
- Infrared ice fountain
- Vitality pool
- Relaxation area
- Hammam: due to specific facility protocols and specialist features, the Hammam is for treatment use only, kindly contact the SPA reception for treatment reservations.

## ***Scheduling An Appointment***

Our spa team will guide you to the most suitable treatment choice. Treatments may also be booked via the Patron App, email at [spapvm@grandlisboapalace.com](mailto:spapvm@grandlisboapalace.com) or online at [grandlisboapalace.com](http://grandlisboapalace.com). We recommend advanced booking to ensure your preferred time and treatment is available.

From outside the hotel please call (853) 8881 2500.

## ***Spa Etiquette***

Proper footwear and exercise clothing is required in the Fitness Studio.

Please contribute to the serenity by speaking in soft tones and respect the privacy of other guests by refraining from use of devices such as mobile phones or cameras. The SPA and its facilities is strictly a smoke-free zone, please turn off your mobile phone and other personal electronic devices.

Our Thermal Suites are separate for male and female guests. Therefore, the use of swimwear in these areas is optional and according to personal preference.

The SPA provides bathrobes, towels, slippers, shower caps and amenities required for use during your visit. We welcome all guests aged 18 and above for access to, and treatments at The SPA.

## ***Cancellations***

We ask that guests provide a minimum of four hours' notice for changes or cancellations, otherwise the full cost of the treatment will be incurred.

Please understand that a late arrival may be result in a reduction of treatment time, as a courtesy to the next guest.

## ***Pregnancy***

Not all treatments may be suitable for pregnant or nursing guests. Please allow our SPA team to guide you in selecting which treatments are most suitable for you during this special time.

## ***Prices***

All prices are in MOP, subject to 10% Service Charge and 5% Government Tax.

Prices are subject to change without prior notice.

# **THE HEALTH CLUB AT PALAZZO VERSACE MACAU**

*Exclusive to guests of Palazzo Versace Macau*

## **Hours Of Operation**

The Health Club is open daily.

To ensure your safety, guests are reminded to read the facility's rules and regulations carefully before use, and approach our team members should you need any assistance.

We provide lockers and towels for your use during your Health Club visit. Palazzo Versace Macau signature non-slip slippers are available to purchase at the Health Club reception.

We appreciate your support in our initiatives to reduce waste and to protect the environment.

## **Personal Training Studio**

A tranquil and compact Fitness Studio, is equipped with Technogym® equipment for your personal training needs.

A selection of free-weights, exercise equipment and yoga mats are available.

Personalize your smart-training experiences with targeted routines by an integrated Technogym® coach, providing motivation and guidance to help improve your training and make the most of your workouts.

Connect to mywellness app, to guide you step by step until you reach your workout goals, thanks to personalized training programs and video tutorials which show you how to complete exercises.

Our in-house fitness instructor is available to coach you during one-on-one training sessions, take you through your paces with HIIT sessions, outdoor boot camps, outdoor yoga or to design a customized fitness program.

## ***Swimming Pools***

An exceptional setting, Grand Lisboa Palace is one of the only Integrated Resorts in Macau to feature both indoor and outdoor Swimming Pools.

Our 25 meters, temperature controlled indoor swimming pool is adorned with stunning glass and marble mosaic tiles uniquely portraying Versace's "Legend of the Dragon".

Bespoke Versace loungers dot this beautiful facility creating a perfect place to be. Relax with friends as Italian inspired music fills the air, and enjoy the sublime uniqueness of this very special facility.

Poolside butlers are on hand to assist you with your food and beverage requirements.

Enjoy the summer months by the outdoor swimming pool, surrounded by lush French gardens and private poolside cabanas for that ultimate experience.

Poolside loungers are available on a first come first served basis.

## ***Fitness Classes***

### ***Resident Personal Trainer***

60 Minutes

Whatever your fitness goals, take your workout to the next level with our resident personal trainer, who will help to unlock the results you want and customize workout programs based around your targets.

### ***Power Stretch***

30 Minutes

Stretching is a powerful tool that can improve your posture, boost your energy levels and enhance your range of motion. While you stretch, we focus on mindfulness and meditation exercises, which provide your mind with a mental break from modern day stresses.

## **Wellness Classes**

### ***Personalized Yoga***

60 Minutes

Personalized Yoga embraces a holistic philosophy, incorporating yoga into every aspect of life that nurtures the body, mind and spirit. This program is tailored to your level and requirements, guiding you to practice postures that are well-suited to your body, focusing on proper alignment to address injuries or postural imbalances. Through this program, you will also learn how to establish a personalized sequence that can be practiced at home, enabling you to integrate these practices more profoundly into your yogic lifestyle, promoting vibrant health on every level.

### ***Mindful Meditation***

60 Minutes

Meditation can improve every aspect of your life. It has been proven to reduce tension, lower blood pressure and enhance general health. This program is suitable for daily practice, helping you improve your quality of life during and beyond your stay with us.







*Palazzo Versace*

MACAU

The SPA

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## The SPA

### FOR THE FACE

	<b>DURATION</b>	<b>MOP</b>
<b>Pro-aging</b> Regenerating, Lifting, Firming	90 Minutes	2,100
<b>Moisturizing</b> Plumping, Hydrating, Smoothing	75 Minutes	1,780
<b>Brightening</b> Resurfacing, Uniforming, Brightening	75 Minutes	1,800
<b>Purifying</b> Decongesting, Clarifying, Healing	75 Minutes	1,500
<b>Eye-contour</b> Depuffing, Smoothing, Brightening	30 Minutes	500

### FOR THE BODY

	<b>DURATION</b>	<b>MOP</b>
<b>Hamмам</b> <i>with relaxing massage + essential oils treatment</i>	60 / 90 Minutes	1,880 / 2,288
<b>Mediterranean Hammam Ritual</b> Purifying, Regenerating, Reinvigorating		
<b>Sculpting / Toning</b> <i>with sculpting massage</i>	90 Minutes	1,880
<b>Mediterranean Sculpting Rituals</b> Slimming, Redefining, Firming		
<b>Mediterranean Toning Ritual</b> Firming, Elasticizing	60 Minutes	1,680
<b>Mediterranean Glowing Ritual</b> Illuminating, Nourishing	60 Minutes	1,680
<b>Mediterranean Rapid Restore Ritual</b> Hydrating, Relaxing	30 Minutes	1,380



The SPA

**MASSAGE TREATMENTS**

	<b>DURATION</b>	<b>MOP</b>
<b>Jet Lag Recovery</b>	60 / 90 Minutes	1,680 / 1,880
<b>Deep Tissue</b>	60 / 90 Minutes	1,680 / 1,880
<b>Lymphatic-draining</b>	60 / 90 Minutes	1,680 / 2,288
<b>Oriental Massage</b>	90 / 120 Minutes	1,880 / 2,288
<b>Oriental Foot Recovery</b>	60 / 90 Minutes	600 / 900
<b>Upper Body / Lower Body</b>	60 / 90 Minutes	1,680 / 1,880
<b>Head &amp; Face</b>	45 / 60 Minutes	1,380 / 1,680

**WELLNESS TREATMENT**

	<b>DURATION</b>	<b>MOP</b>
<b>Nourishing Wellness Experience</b>	Two Day 165 Minutes	4,068
<b>Detox Sculpting Experience</b>	Two Day 165 Minutes	3,380

**FITNESS CLASSES**

	<b>DURATION</b>	<b>MOP</b>
<b>Resident Personal Trainer</b>	60 Minutes	1,000
<b>Power Stretch</b>	30 Minutes	800

**WELLNESS CLASSES**

	<b>DURATION</b>	<b>MOP</b>
<b>Personalized Yoga</b>	60 Minutes	1,380
<b>Mindful Meditation</b>	60 Minutes	1,380



## The SPA

### PRODUCT PRICE LIST

#### PREVENTION COLLECTION

	MOP
<b>P1</b> – Deep Cleansing Facial Scrub Gel / 50gr	868
<b>P2</b> – Active Moisturizing Highly Protective Day Cream / 50ml	998
<b>P3</b> – Deep Nourishing Overnight Face Balm / 50ml	1,042
<b>P4</b> – Botanical Sebum Regulator Gel / 80ml	1,128

#### MAINTENANCE COLLECTION

<b>M1</b> – Micellar Dermo-Cleansing Emulgel / 80ml	1,076
<b>M2</b> – Highly Protective Day Cream / 50ml	1,302
<b>M3</b> – Overnight Highly Nourishing Cream / 50ml	1,345
<b>M4</b> – Nourishing Serum for Skin Microbiomes / 15ml	1,388
<b>M5</b> – Mediterranean organic herbs oil	936
<b>M5</b> – Mediterranean organic herbs oil	4,318
<b>+ D3</b> – Nano mist diffuser	

#### INTENSIVE RESTORING COLLECTION

	MOP
<b>R1</b> – Exfoliating Butter with Mediterranean Sea Salt / 50gr	1,432
<b>R2</b> – Disposable Organic Surfactant Facial Soap Leaves / 10gr	521
<b>R3</b> – Intensive Moisturizing Regenerative and Protective Day Cream / 50ml	1,345
<b>R4</b> – Active Nourishing Derma-Restructuring Overnight Balm / 50ml	1,389
<b>R5</b> – Extreme Restorative Anti-ageing Satin Serum / 30ml	1,563
<b>R6</b> – Radiance Eye Contour Emulsion / 15ml	1,042
<b>R7</b> – Lip Contour Repairing Balm / 15ml	781
<b>R5</b> – Extreme Restorative Anti-ageing Satin Serum	5,800
<b>+ D2</b> – Thermal-vibration Face Massaging Device	
<b>D4</b> – Y-roller Massager	521